

REIKI HEALING

Reiki healing is a form of natural alternative healing introduced into the UK after being discovered and developed in Japan. Although it is not an alternative to traditional medicine and should always be used in conjunction with traditional medication it is becoming well known for its effects upon the mind and the body.

After being asked to remove your shoes and lie down on a comfortable couch you just have to relax as the healer allows the natural universal healing energy to travel into the areas of your mind, body and soul where it is most required.

There are a number of experiences during and following this form of healing including heat, cold, pressure or tingling sensations and relaxation.

As this healing works on all aspects of the person many areas can be worked on at the same time, one influencing the other.



“I have been to other Reiki healers but never felt anything as strong as this before, I felt so relaxed and ready to keep on going afterwards”

“Thank you for your time and making me feel so at ease, I slept the whole night for the first time afterwards and look forward to our next session.”



**KAREN FORD CSNU
REIKI II**

A New Leaf
Tovil, Maidstone
01622 677253

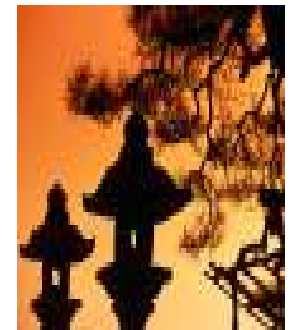
REIKI HEALING

Reiki healing is a form of natural alternative healing introduced into the UK after being discovered and developed in Japan. Although it is not an alternative to traditional medicine and should always be used in conjunction with traditional medication it is becoming well known for its effects upon the mind and the body.

After being asked to remove your shoes and lie down on a comfortable couch you just have to relax as the healer allows the natural universal healing energy to travel into the areas of your mind, body and soul where it is most required.

There are a number of experiences during and following this form of healing including heat, cold, pressure or tingling sensations and relaxation.

As this healing works on all aspects of the person many areas can be worked on at the same time, one influencing the other.



“I have been to other Reiki healers but never felt anything as strong as this before, I felt so relaxed and ready to keep on going afterwards”

“Thank you for your time and making me feel so at ease, I slept the whole night for the first time afterwards and look forward to our next session.”



**KAREN FORD CSNU
REIKI II**

A New Leaf
Tovil, Maidstone
01622 677253